

THE 100 CALORIE SLOW COOKER COOKBOOK

Scott Lovegrove

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Tammy Trimble (Author of The Calorie Slow Cooker Cookbook)

Perfect slow cooker cookbook for 1 1/2 - 2 quart slow cookers. The recipes are built around healthy ingredients, but not necessarily low calorie. There is.

The Calorie Slow Cooker recipes are delicious, nutritious, hearty AND very easy to prepare. Simply put the ingredients together in the morning and you.

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Find healthy, delicious low-calorie slow-cooker & crockpot recipes including crockpot chicken, stew and vegetable recipes. Healthier recipes, from the food and.

Tammy Trimble is the author of The Calorie Slow Cooker Cookbook (avg rating, 4 ratings, 0 reviews, published), The Calorie Casserole Co.. .

This post is packed full of wonderful slow cooker recipes under calories! With a little planning, it can be easy to make quick, low-prep, meal options that.

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