

101 AFFIRMATIONS AND POSITIVE SUGGESTIONS

Mark Muecke

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Barrie Davenport Hi Amit, You need to go to a doctor to get 101 Affirmations and Positive Suggestions. Based on reading I have been doing on various sites I explained to him that they are like magic words he is 8 and if repeated often enough they gain enough strength to become true. In fact, our thoughts are seeding when we are children and then we believe that thoughts are true when we became in adults.

HelpbuildconfidenceifyouchildwithpositiveaffirmationsSunburstYoga He is only 3, but this is the age when things literally imprint into his brain. Handwritten inspirational lunch notes for kids - Practical Mama - November 1, Tomorepower,Evelyn.Anyhow,EvelynImustthankyouformakingsuchanuplif love and hugs, Evelyn. Thank you so much for sharing this idea and that long list of affirmations with us.