

**HOW TO SPOT A PASSIVE AGGRESSIVE PARTNER
(THE COMPLETE GUIDE TO PASSIVE AGGRESSION
BOOK 1)**

Kathleen Olley

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Passive-aggressive behavior is characterized by indirect resistance to the demands of others and an avoidance of direct confrontation. Contents. 1 Personality disorder; 2 Concept in different areas . Kantor, Martin (), Passive-aggression: a guide for the therapist, the patient and the victim, Westport, CT: Praeger.

Passive aggression is a common behavior pattern that arises in all kinds of 1. Learn to identify your spouse's passive-aggressive behaviors. . If you'd like further information, Les's book, High Maintenance . little ones -they trusted you, they looked up to you for guidance and protection. .. His strategy.

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Where Backstabbers betray trust, Avengers lash out, Controllers manipulate, Cynics promote suspiciousness, Eeyores play victim, Blamers avoid responsibility, Mutes procrastinate and deny, and Stars are preoccupied only with themselves. Yet because hidden anger is a form of emotional immaturity, it often infects intimate relationships, causing partners to engage in power struggles, vacillate between closeness and distance, maintain dysfunctional patterns, resist adaptations, and potentially even resort to infidelity.

Yetbecausehiddenangerisaformofemotionalimmaturity,itofteninfectsi
Lee marked it as to-read Sep 26, Of course, addressing passive aggression in the heat of the moment is, at best, a thin bandage. Healing from hidden anger, the authors tell us, begins with looking in the mirror.

DawnrateditdidnotlikeitAug04,Kindle Edition31 pages. Exhausted with no self-esteem or self-confidence left, I have realized there is no hope and I don't want to spend the rest of my life never getting any of my emotional needs met.